

Pumpkin Carrot Bites

RECIPE

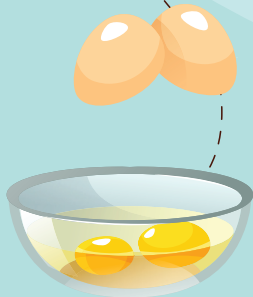
Ingredients

3/4 cup canned pumpkin
(ONLY ingredient should be pumpkin)

1 egg, slightly beaten

1/4 cup shredded carrots

1 cup whole wheat flour



1. Preheat oven to 350 degrees.

2. Stir pumpkin, egg, carrots
and flour in a large bowl
until moistened.

3. Roll the batter into
small balls and place on
a baking sheet.

4. Bake for 30 - 35 minutes.

