

Apple Crunch Pupcakes

RECIPE



Ingredients

- 2 $\frac{3}{4}$ cups water
- 1/4 cup applesauce (unsweetened)
- 2 tbsp. honey
- 1/8 tsp. vanilla extract
- 1 medium egg
- 4 cups whole wheat flour
- 1 cup dried apple chips (unsweetened)
- 1 tbsp. baking powder



1. Preheat oven to 350 degrees.
2. Mix water, applesauce, honey, egg and vanilla together in a bowl.

3. Add remaining ingredients and mix until well blended.
4. Pour into lightly greased muffin pans.
5. Bake 1 $\frac{1}{4}$ hours.

