

Physical Development/Health and Safety

Quarter 1 Standards

1. PDHS.FMD.C2a: I can use my hands to work with tools.
2. PDHS.FMD.C2b: I can use my hands and eyes together.
3. PDHS.GMD.C1a: I can balance when I move.
4. PDHS.GMD.C1b: I can control how my body moves.
5. PDHS.H.C1b1: I can talk/share about healthy foods.
6. PDHS.H.C1d: I can tell you what my body does or needs.
7. PDHS.H.C1e: I can tell you what my body parts do.
8. PDHS.S.C1b: I can identify basic signs and symbols.
9. PDHS.S.C1c: I can stay safe in the car and on the street.
10. PDHS.S.C1d: I can tell others to leave me alone.
11. PDHS.S.C1f: I can follow emergency plans.

Quarter 2 Standards

1. PDHS.FMD.C2c: I can use small objects and tools with my wrists and hands.
2. PDHS.H.C1b1: I can talk/share about healthy foods.
3. PDHS.H.C1c: I can tell you how to take care of my teeth.
4. PDHS.S.C1g: I can tell an adult if I am hurt or in trouble.
5. PDHS.S.C1h: I can tell who keeps me safe and how they keep me safe.

Quarter 3 Standards

1. PDHS.GMD.C1d: I can make my body move in controlled ways.
2. PDHS.H.C1b1: I can talk/share about healthy foods.

Quarter 4 Standards

- 1. PDHS.GMD.C1c:** I can make different parts of my body move together.
- 2. PDHS.H.C1b1:** I can talk/share about healthy foods.
- 3. PDHS.S.C1a:** I can follow safety expectations with help.

Yearly Standards (taught throughout the year):

- 1. PDHS.FMD.C2d (Yearly):** I can do things for myself.
- 2. PDHS.H.C1a (Yearly):** I can tell you how to not spread germs.
- 3. PDHS.H.C1b2 (Yearly):** I can make healthy food choices.
- 4. PDHS.S.C1e (Yearly):** I can tell my first and last name.